



21-22 CLUB SEASON COVID-19 Protocols

(Updated 12/29/21)

- If you or anyone in your household doesn't feel well or has any symptoms- STAY HOME! Protect your team and don't risk it! Get tested! While waiting for COVID test results, please stay home until you get them!

PRACTICE:

- Players and Coaches are advised to wash/sanitize hands before and after.
- Teams should enter either facility no earlier than 10 minutes before practice time.
- Water fountain use is strongly discouraged and only for bottle refill.
- Teams should not intermix at any time. Should keep their distance and not be on the same side of a court. Teams are and will be considered cohorts.
- Masks (N95 or surgical) worn snugly **over nose and mouth** should be worn at all times.

TEAM GATHERINGS:

- Outdoors is best, but if indoors, recommended in a spacious, well ventilated area NOT in someone's home. Carpooling is strongly discouraged. No shared food or beverages.

TOURNAMENTS:

- Everyone is expected to follow every host facility, USAV, and RMR Guidelines with a respectful attitude and with good behavior. **Regardless of venue or their rules, Ballistic staff, players and parents should properly wear masks at all times.**
- No shared food/beverage items or team food tables, individual sack lunches only. Spread out while eating, outside if feasible.

IF SOMEONE ON A TEAM (or anyone in their household) TESTS POSITIVE FOR COVID-19:

- Email Ballistic Admin immediately by email and inform your coach.
- An infected player should isolate for a minimum of 5 days. (see chart)
- If exposed anywhere, a person should quarantine for a minimum of 5 days. (see chart)
- Team quarantine recommendations will be made on a case by case basis. Vaccination status and prior infection will be factored in.

THE HONOR AND RESPECT SYSTEM:

- Ballistic will not be monitoring, policing, or enforcing anything besides positive cases or exposures. It is everyone's personal responsibility and obligation to *be honest and do the right thing* for the benefit of their team.

****Failure to inform Ballistic VBC Administration of a player or household member testing positive for COVID-19 or choosing not to get tested is considered an egregious violation and not only endangers the health of others, but also puts the team's season at risk.**